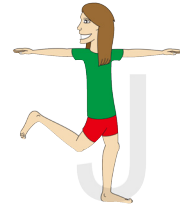


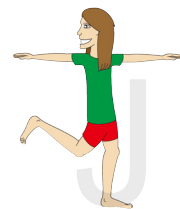
J 11



As you jog around in pairs one person says a name out loud. His/her partner must find another name beginning with the letter that this name ended with. The first person to fail to come up with a name loses.

Keep on running.....

J 12



Whilst jogging in pairs, no 1 says “when I went shopping I bought.....” And adds an item. His/her partner must repeat this and add an item. No 1 repeats all of this and adds another item. Who forgets first? How long is the list?

Keep on running.....