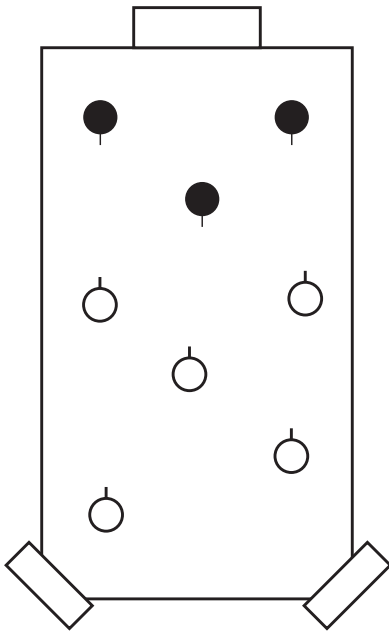


Game



N.B. The teacher can organise the game or give groups Game Card 3 to organise themselves.

(i.) Two groups of four join together to make teams of 5 and 3.



- The team of 5 defends 2 goals (*one across each of their defending corners*).
- The team of 3 defends one goal placed centrally on their back line.
- The “5” begin with the ball on the back line of their area and try to pass it around and make forward progression to score in the single goal.
- You may not move with the ball.
- The “3” try to cover the spaces and dispossess the attacking side. If they gain possession they try to score in either of the two corner goals. (*Change the teams round regularly so they experience both the advantages of large numbers and the covering and support play of the defending “3”. In which situations should you defend “man-to-man” and when should you cover the space?*)

N.B. When pupils have been playing the game for a few minutes they can condition the game - e.g.

- (ii.) Does it make a difference if you are limited to only one type of throw? (*Condition the game e.g. chest pass only etc.*)
- (iii.) Does it make a difference if you can move with the ball whilst bouncing it (*up to 3 bounces*)?
- (iv.) Condition the game so passes may only be **sideways** or **backwards** but dribbling can move **forwards**.

Cool-down

- (i.) With your team form a single line. First person with the ball. The leader jogs, strides, walks and the others follow-my-leader.