

## 226 - INDOOR BALLOON BALL

---

- This game can be played by any group with one balloon.
- There is **no** running about. The rule is that everyone must be seated at all times.
- In a classroom probably the ideal would be / or two teams of approximately 7 in each whilst other children can referee / spectate / play equal games.
- Arrange two rows of chairs one for each member of the team about 3 paces apart with teams sitting facing each other.
- The aim is to keep the balloon up in the air - the first team to miss and let it touch the ground loses a point.
- The first to 10 points wins.
- RULES: The balloon must be struck with an open hand - no fists or feet!  
The players must remain seated at all times (*children decide on the penalty for infringement of this rule.*)

