

## 117 - "THROWING CHALLENGES"

Can you throw the ball up in the air and.....

- (1) clap as many times as possible before you catch it again.
- (2) clap behind your back as many times as possible.
- (3) throw the ball from under your leg and clap as many times as possible.
- (4) clap your hands on the floor before you catch the ball.
- (5) clap as many different parts of your body as possible.
- (6) turn round completely once before catching it
- (7) turn round completely the other way.

