

35 - CATCH UP

- (i) Stand just outside the circle. Someone holds a soft ball and on the opposite side of the circle someone else holds a beanbag. On a signal the ball and beanbag are passed around the circle in the same direction. Can the beanbag catch the ball up?
- (ii) Play the same game as above, but a volunteer stands in the centre of the circle and occasionally calls “change”. As the word “change” is called, everyone begins passing the beanbag and ball in the opposite direction so they are chasing in the opposite direction.

