

2 - "MARKERS, TRACKS, HOPSCOTCH"

- Use the hopscotch, snake, fortypede, stepping stones, maze or throw down markers and travel along it or through it in different ways e.g:-

- (i) Hopping on one foot
- (ii) Hopping using two feet - (*1 foot - 2 feet etc.*)
- (iii) Stepping in different directions.
- (iv) Using a combination of different ways of travelling

- With a partner or in a small group:-

Play a game where you take turns.

Or follow-my-leader along the trail/hopscotch.

