

LEARNING OBJECTIVES

Children should learn:-

- to consistently strike a ball in a controlled manner.
- to field and intercept a ball and return it accurately.
- to select and use appropriate skills and simple tactics in a small game activity.
- to recognise a good performance or what needs to be improved.

7-8 YEARS (YEAR 3) – UNIT 4

STRIKING / FIELDING GAMES

UNIT FRAMEWORK

- (a) Vigorous running and avoiding warm-ups to encourage mobility and spatial awareness.
- (b) Develop throwing and catching e.g. underarm, overarm, high, low, fast, slow.
- (c) Develop fielding skills e.g. with ball travelling towards or to one side of the fielder or run after it to retrieve and return.
- (d) Develop accurate “feed” - along the ground, with one bounce, with no bounce.
- (e) Develop striking skills along the ground and in the air.
- (f) Engage in co-operative situations to encourage skill development, consolidation and improvement.
- (g) Small games and activities to encourage maximum activity and experiencing all roles - fielder, batsperson and bowler.
- (h) Situations and practices to encourage pupils to think e.g. where to hit, what speed or level to hit, how to maximise scoring opportunities.

Games concepts and detailed teaching points for any specific skills in this unit may be found at the rear of the manual p261 onwards.

Suggestions for integrating Top Play and Top Sport cards may be found at p293 onwards.

EXPECTED LEARNING OUTCOMES

7-8 YEARS (YEAR 3) – UNIT 4

By the end of this unit most children will be able to:-

- (a) strike a ball with confidence and control and direct it accurately into a simple target area.
- (b) receive the ball from one direction and throw or strike it away in another direction.
- (c) understand and identify good striking and fielding techniques.
- (d) make judgements about how best to intercept a ball travelling towards, to one side, or beyond the fielder.
- (e) combine the skills to play effectively in a small sides striking / fielding game and use simple attacking and defending tactics e.g. work as a team to field the ball.
- (f) understand and demonstrate the roles of a bowler, striker, fielder, backstop / wicket keeper.

Children should also be guided continuously to:-

- perform the basic skills needed for the game with increasing control and consistency.
- understand and use rules and keep games going without dispute.
- identify aspects of their own and others' play that need improving using appropriate language and suggest practices to help them play better.
- know the importance of warming up and identify activities they could use.