

LEARNING OBJECTIVES

Children should learn:-

- to use a bat and ball in a safe, co-ordinated and controlled manner in simple, limited activities.
- to send and receive a ball with a partner.
- to show an awareness of personal space (*swinging the bat*) and general space.
- to use space and equipment safely.

4-5 YEARS (RECEPTION) – UNIT 4

FOCUS ON USING ROPES, BATS AND BALLS (*Balancing, Carrying, Jumping, Aiming and Throwing and Catching*)

UNIT FRAMEWORK

- (a) Using skipping ropes to make different shapes on the ground.
 - (i) Travelling around them in different ways
 - (ii) Travelling over them in different ways.
- (b) Pushing the ball along the ground with hand or bat
 - (i) forwards
 - (ii) in different directions
- (c) Passing the ball around the body.
- (d) Balancing the ball on the bat
 - (i) when standing still
 - (ii) when walking.
- (e) Bouncing the ball downwards and upwards with the bat.
- (f) Hitting the ball along the ground with the bat.
- (g) Hitting the ball along the ground to a partner.
- (h) Moving to get in line with the ball when receiving it.
- (i) Throwing and catching a small ball and bouncing it downwards.
- (j) Aiming games in two's using bats and a ball.

Reference for linking up “ACTION KIDS” (*for 3 and 4 year olds*) are identified at the bottom of each page.

Teaching points for basic skills may be found in the yellow section at the back of the manual (*contents page 184*).

Suggestions for integration of “TOP PLAY” cards can be found on pages 209 onwards

EXPECTED LEARNING OUTCOMES

4-5 YEARS (RECEPTION) – UNIT 4

By the end of this unit most children will be able to:-

- (a) understand that using a bat requires more space and care and be able to explain why this is so.
- (b) steer a ball along the ground showing different speeds and directions carefully avoiding other children.
- (c) hit the ball along the ground to a partner.
- (d) listen carefully to instructions.
- (e) start and stop activities on a given signal.
- (f) co-operate with others and take turns with equipment.

Children should also be guided continuously to:-

- dress and undress independently
- start and stop on a given signal
- use space and equipment safely
- talk about what they are doing and use the correct vocabulary
- develop positive attitudes towards a healthy lifestyle.