

# DANCE - 8 - 11 YEARS (KEY STAGE 2)

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## **7 - 8 YEARS - YEAR 3**

### **WHO AM I?**

- 1 Writing in the Air

### **THE LANGUAGE OF DANCE**

- 2 "Change Step"
- 3 "Jump and Bounce"
- 4 Travel and Jump
- 5 Stretch and Curl
- 6 Travel, Jump and Turn
- 7 Abstract Dance
- 8 Humorous – Gesture

### **THE EXPLORERS**

- 9 "Brisk Walk"
- 10 "Funky" Warm Up
- 11 Jog and Jump
- 12 Climbing The Hill
- 13 Climb and Survey
- 14 Running Down
- 15 Journey Over Land
- 16 Journey Across The Sea
- 17 "Rocking"
- 18 Launch and Journey
- 19 On The Moon
- 20 Journey Into Space
- 21 Journey Over Land
- 22 Journey Across The Sea
- 23 Journey Into Space

### **THE HORNPIPE**

- 24 Hornpipe

### **THE EAGLE AND THE FISH**

- 25 Circling and Travelling
- 26 The Eagle
- 27 The Fish
- 28 Dancing Together
- 29 Journey
- 30 The Eagle and the Fish

### **MECHANICAL PROGRESS**

- 31 Sounds of Ibiza
- 32 Winding Cogs
- 33 Mechanical Clock
- 34 Simple Machine
- 35 Group Machine – Breakdown
- 36 Mechanical Progress
- 37 Move and Stop

### **THE HUMAN ENGINE**

- 38 The Heartbeat

**Music arranged and performed by:-**

**Darren Lee, Laura Whittle Amy Whittle, Jacob Grant**

## **8 - 9 YEARS - YEAR 4**

### **THESE SHOES ARE MADE FOR WALKING**

- 1 Basic Walk
- 2 Walk Together
- 3 These Shoes Are Made for Walking

### **GIRAFFES CAN'T DANCE**

- 4 Elegant Eating
- 5 Unsteady
- 6 Elegant and Unsteady
- 7 The Jungle Dance
- 8 Sadness
- 9 Dance at Last
- 10 Giraffes Can't Dance

### **INCOGNITO**

- 11 African Rhythms

### **ELECTRICITY**

- 12 "In Gear"
- 13 Going Down a Gear
- 14 Circuit Patterns
- 15 Electricity Flow
- 16 Light Going On/Off
- 17 Irish Jig
- 18 Electricity Dance

### **SNOOKER CHAMPIONSHIP**

- 19 Brazilian Rhythm
- 20 The Game Begins
- 21 Colliding and Rebounding
- 22 Snooker Cue
- 23 Snooker Cue and End Game
- 24 Snooker Championship
- 25 Calm Down

### **RECORD AND REMEMBER**

- 26 Extend and Curl

### **WIMBLEDON**

- 27 Preparation
- 28 Playing the Game
- 29 Winners and Losers
- 30 Wimbledon
- 31 Calm Down

### **MUSICAL STATUES**

- 32 Musical Statues

**Music arranged and performed by:-**

**Darren Lee**

**Amy Whittle**

**Jacob Grant**

# MUSIC FOR DANCE 8-11 YEARS (KS2)

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## **9 - 10 YEARS - YEAR 5**

### **RUBBISH**

- 1 Start Up
- 2 Crushing Rubbish
- 3 Transporting Rubbish
- 4 Crushing and Transporting
- 5 Recycling Process
- 6 Calm Endings

### **WHAT A CARD**

- 7 Short and Bouncy
- 8 African Rhythm
- 9 "Shuffle and March"
- 10 Dealing the Cards
- 11 Rearrange the Hand
- 12 Deal and Re-arrange
- 13 Fan and Throw
- 14 A Game of Cards
- 15 What a Card

### **WORD POWER**

- 16 Mexican Rhythms
- 17 Walk, Rise and Fall

### **CITY LIFE**

- 18 Ibiza Rhythms
- 19 Busy Streets
- 20 The Bus Queue
- 21 "Graffiti"
- 22 "Tube Journey"
- 23 "City Life"
- 24 Winding Down
- 25 Lighter Winding Down
- 26 Ethereal

### **PLEASED TO SEE YOU**

- 27 Pleased to See You

### **VOLCANOES**

- 28 Move It
- 29 "Funky" Walk!
- 30 Patterns

### **PUNCH AND WRESTLE**

- 31 Sounds From Brazil
- 32 Warm Up and Circling
- 33 Punching
- 34 Wrestling
- 35 Complete Fight
- 36 Punch and Wrestle

**Music arranged and performed by:-  
Darren Lee, Amy Whittle**

## **10 - 11 YEARS - YEAR 6**

### **WORLD OF SPORT**

- 1 Game Warm-up
- 2 Haka
- 3 Scoring a Try
- 4 Action Replay
- 5 Playing the Game
- 6 Taking the Photo
- 7 World of Sport – Rugby
- 8 All Blacks – Haka

### **MIX AND MATCH**

- 9 Sounds of Africa
- 10 Expand / Contract

### **THESEUS AND THE MINOTAUR**

- 11 Rio Rhythms
- 12 Selection
- 13 Journey to Crete
- 14 Turn and Enter the Labyrinth
- 15 The Struggle
- 16 Leaving the Labyrinth and Betrayal
- 17 Return and Remorse
- 18 "Theseus and the Minotaur"

### **CATS CRADLE**

- 19 Funky Warm-up
- 20 Cats Cradle

### **THE RAINFOREST**

- 21 South American Sounds
- 22 Interdependence
- 23 Chopping
- 24 Bulldozers
- 25 Dragging, Regeneration and Harmony
- 26 The Rainforest

### **HUNTING IN UNKNOWN TERRITORY**

- 27 Gearing Up
- 28 Gearing Down

### **FLIGHT FROM DANGER**

- 29 Reggae Warm-up
- 30 One Day ...
- 31 Unity, Help, Support
- 32 The Flight
- 33 Overcoming the Barriers
- 34 Calm
- 35 Flight from Danger

**Music arranged and performed by:-  
Darren Lee**

# MUSIC FOR DANCE 8-11 YEARS (KS2)

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## ENGLISH COUNTRY DANCE

- 1 Marching
- 2 Clapping
- 3 Swing
- 4 Caerphilly March
- 5 March in 5's
- 6 Arches
- 7 Cast
- 8 Bridge of Athlone
- 9 Singing Square Dance
- 10 Sing and Copy
- 11 I Want to Be Near You
- 12 Balance
- 13 Mixer Promenade and Sicilian Circle
- 14 Single Turn
- 15 Do-si-do
- 16 Virginia Reel
- 17 Marching
- 18 Circle Left and Right
- 19 Variations
- 20 Little Ol' Log Cabin
- 21 Circle Left and Right
- 22 Do-si-do and Swing
- 23 Haste to the Wedding
- 24 Lines of 6
- 25 Spell Oxo
- 26 Oxo Peel
- 27 Swing and Promenade
- 28 Coming Round the Mountain
- 29 Gallop
- 30 Grand Chain
- 31 Lucky Seven
- 32 Arch and Gallop
- 33 Dip and Dive and Swing
- 34 Boston Tea Party
- 35 Gallop and Circle
- 36 Turn
- 37 Ninepins
- 38 Circassian Circle

**Music arranged and performed by:-  
Carolyn Robson  
Paul Tabbush**

## TUDOR DANCE

- 1 Dargason
- 2 In Dulci Jubilo
- 3 Kemp's Jig
- 4 Hunsdon House
- 5 Horses Branle
- 6 Branle de L'Official
- 7 Good King Wenceslas
- 8 Hole in the Wall
- 9 Orientis Partibus
- 10 Pastime with Good Company
- 11 Puer Nobis Nascitur
- 12 Stingo
- 13 Gathering Peascods
- 14 Lilliburlero
- 15 Nonesuch
- 16 Greensleeves

**Music arranged and performed by:-  
Ann Hinchliffe, Caroline David,  
David Holland, Gina Holland.**