

## **(2) SUITABLE CLOTHING**

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**Children** should be required to wear suitable clothing for physical activity. This clothing should have a high regard for safety i.e:-

- (i) Suitable, safe footwear should be worn for outdoor activities.
- (ii) Clothing should not restrict movement, neither should it be so loose that it is in danger of catching on equipment and causing accidents.
- (iii) Long hair should be tied back to allow for unrestricted vision.
- (iv) JEWELLERY SHOULD NOT BE WORN.

**Staff** teaching games should:-

- (a) change into suitable footwear for lessons.
- (b) wear clothing which allows them to move quickly if necessary.

**(COACHES VISITING SCHOOLS SHOULD:-**

- (i) be made aware of any health and safety issues.*
- (ii) be made aware of any medical problems with the children.*
- (iii) be made aware of procedures should there be an accident and should be made aware of who the “First Aider” is and where they can be contacted.*
- (iv) be made aware of uniform/PE kit “rules” for the school in which they work.*
- (v) be familiar with the organisation and carrying of PE equipment used in their lessons and the safety rules concerning their use which have been outlined by the school.)*