

**PULSE-RAISERS AND PROBLEM-SOLVING**

**4.8**

- How many of the following can you see?

a) Trees

c) Birds

b) Buildings

d) People

**Keep on running.....**



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**4.9**

- For each letter of the alphabet, can you and your partner think of a fruit or vegetable?

e.g.      A – Apple  
            B – Broad Beans  
            C .....

- If you get the end of the alphabet, try it again, but with a different fruit or vegetable for each letter.

**Keep on running.....**



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