

# GAMES YEAR 1 – MINIMUM EXPECTED STANDARDS

## 1 FOCUS ON:- USING A BALL

**Most children should be able to:-**

- (a) demonstrate co-ordination when passing a ball around different parts of the body
- (b) bounce and pat-bounce a ball with a degree of control.
- (c) understand how to send, receive, kick and dribble a ball and practise to improve the skills.
- (d) show a degree of control when sending and receiving a range of equipment.
- (e) understand that they must "get in line with a ball to receive it".
- (f) send a ball in various ways to play individual target games or target games with a partner.

## 2 FOCUS ON:- THROWING AND CATCHING AND AIMING GAMES

**Most children should be able to:-**

- (a) know and show, both individually and in pairs, how to throw and catch using a variety of apparatus.
- (b) send a ball, beanbag or quoit over-handed, using under-arm throw, roll or "skim" and kick.
- (c) aim consistently between, into, at or over a variety of targets using a range of small equipment.
- (d) understand the concept of aiming games and how to make their games harder.
- (e) play an aiming game co-operatively with a partner and "keep the score".

## 3 FOCUS ON:- BAT AND BALL SKILLS, AND GAMES AND SKIPPING

**Most children should be able to:-**

- (a) steer a ball along the ground with a bat in a controlled way using different directions and weaving through slaloms.
- (b) balance a ball on a bat when standing still or walking.
- (c) hit a ball with a bat, upwards and downwards with some control.
- (d) send a ball along the ground and through the air for a partner to catch or receive.
- (e) understand and show skipping with a rope.
- (f) use steering, hitting along the ground and hitting through the air to play individual and co-operative target games.

## 4 FOCUS ON:- DEVELOPING PARTNER WORK

**Most children should be able to:-**

- (a) play safely with a partner in running games and when using equipment.
- (b) throw and catch individually and in pairs using a variety of apparatus including hoops.
- (c) kick and dribble a ball with control and roll and retrieve a hoop.
- (d) practise and develop their sending and receiving skills in co-operative games with a partner.
- (e) demonstrate how to change the game to make it harder.

**APPROXIMATELY 8 - 12 HOURS OF ACTIVITY TIME WILL ENABLE MOST CHILDREN TO REACH THE MINIMUM STANDARDS**