

KEY STAGE 2 - PHYSICAL EDUCATION SCHEME OF WORK

NATIONAL CURRICULUM - BREADTH OF STUDY

During the Key Stage pupils should be taught the **knowledge, skills and understanding** through five areas of activity.

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| (a) dance activities
(b) games activities
(c) gymnastic activities | and two activity areas from
(d) swimming activities and water safety
(e) athletic activities
(f) outdoor and adventurous activities. |
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Swimming activities and water safety must be chosen as one of these areas of activity unless pupils have completed the full Key Stage 2 teaching requirements in relation to swimming activities and water safety during Key Stage 1.

Year 3	Autumn Term		Spring Term		Summer Term	
Gymnastics						
Dance						
Games						
Out/Adv						
Athletics						
Swimming						

Year 4	Autumn Term		Spring Term		Summer Term	
Gymnastics						
Dance						
Games						
Out/Adv						
Athletics						
Swimming						

Year 5	Autumn Term		Spring Term		Summer Term	
Gymnastics						
Dance						
Games						
Out/Adv						
Athletics						
Swimming						

Year 6	Autumn Term		Spring Term		Summer Term	
Gymnastics						
Dance						
Games						
Out/Adv						
Athletics						
Swimming						

Fig. 5 Key Stage 2 Mapping Sheet
(Ticks only - to illustrate distribution of activities)