

Welcome to the ActEi Programme.....	4
Every Child Achieving with the ActEi Programme	5
What Makes ActEi so Different?	6
Background to the programme	7
Movement and Physical Development	8
The Impact and Possible Causes of Developmental Delay.....	9
The impact of stress on development.....	10
The Importance of Non Goal Orientated Experiences.....	11
How ActEi can help Reduce Stress and Enhance Development	12
Positivity and play - how ActEi helps Personal, Social & Emotional Development	13
Fun and Laughter - the Motivating factor of ActEi	14
Delivering the Vestibular Programme	15
What is the Vestibular System?.....	16
Getting Ready to run your ActEi session	17
Step 2 - Exploration games	18
Top Tips for Delivering ActEi	19
Parents and Carers	20
Home Schooling	20
ActEi Games.....	21
Step 1 Activation	23
Step 2 Exploration	37
Step 3 Integration	51
Session plans	61
Choosing the right ActEi Programme	75
Screening Toolkit - observations and checks	81
Bibliography	90